

BE A LEADER

LEADERSHIP AT HOME

TIPS FOR CAREGIVERS

Leadership can be an intimidating and abstract concept. Finding ways to encourage small, everyday examples of leadership can help instill the traits of a good leader in young readers. It is important to know that there are many leadership traits, forms of leadership, and types of leaders. By helping young people identify all of the possibilities, you can help them find which types of leaders they want to be. Learning how to demonstrate the traits of a leader is a form of social and emotional learning (SEL).

BEFORE READING

Talk to the reader about leadership.

Discuss: What does leadership mean to you? Who are some leaders in your life? How do they lead?

AFTER READING

Talk to the reader about how he or she can practice leadership.

Discuss: What can you do at home to practice different types of leadership?

SEL GOAL

Young readers may have a hard time seeing themselves as leaders. Lead a discussion and give examples for inclusion, compassion, and compromise. Use leadership vocabulary. Help readers start to identify leadership traits in themselves. Introduce specific ideas about how to apply these traits at home.

GOALS AND TOOLS

GROW WITH GOALS

Anyone can be a leader! By using leadership skills at home, you can develop leadership traits and be a leader everywhere you go!

Goal: Find a way to take initiative at home by doing helpful tasks. Write your ideas down. When you've finished, check those tasks off your list. Ask a parent or older sibling for some ideas of tasks you can do if you get stuck.

Goal: When you see a family member who needs help, ask how you can be of service. Step in if you know what to do. At dinner, ask an adult how they've showed service to others. Learn from their example.

Goal: Find a project at home that you can take responsibility for. Maybe you come up with the project. Or you can ask an adult for some ideas. Make a schedule so you don't forget!

WRITING REFLECTION

Practice seeing when you and others show leadership. Thinking about these actions and traits is one way that you will keep learning to be a leader.

1. Who have you seen take initiative in your home? What are ways you could take initiative at home?
2. Who practices service at your home? What are ways you practice service at home?
3. Have you seen someone else take responsibility for a project in your home? What are ways you could practice taking responsibility at home?



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